

TUSCULUM

BASKETBALL

COACHES NEWSLETTER

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TUSCULUM

BASKETBALL

“The toughest thing to defense is movement and the toughest movement to defend is screening. The third element is being unpredictable.”

-MIKE KRZYZEWSKI-



OFFENSIVE PLAY

Regardless of offensive system, there are several aspects of play that are of vital importance to the productivity of a team’s offense. Spacing, inside play, driving action, screening, cutting, and offensive rebounding are just a few of the areas that are part of any offensive system. At Tusculum, we utilize a Motion Offense that is predicated in large part on our ability to screen and cut. The following are some of our thoughts regarding these key areas of offensive play:

SCREENING

Screening is the meat of motion offense. It is imperative that players are sound in their ability to recognize screening opportunities, set solid screens, read screens correctly, and then 2nd cut appropriately. In all screens there are two cutters. The screener becomes the 2nd cutter after laying the defense out with body-to-body contact (look legal). **In all screens one player should cut to the lane and the other should cut to the perimeter.**

SCREENING RULES:

- Be decisive in the communication of and movement to screen.
- Sight the defense, communicate the screen – “wait, wait, wait” call to the cutter, and get the proper angle.

- Have a quick pace to screen & HIT THE TARGET. Do not “roll through” or “pull out” of the screen.
- Hold the screen with a low, wide base and hold for a two count.
- MAKE THE CORRECT SECOND CUT

CUTTING RULES:

- WAIT, WAIT, WAIT
- Using a screen is a 3 step process:
 1. Set-up (“load your body”), plant – push - GO.
 2. Watch the defender, not the ball. The defender will tell the cutter where to go.
 3. Sprint through the catch / complete cut.

4 BASIC SCREENS:

- Down Screen Angle is back to ball.
- Back Screen Angle is back to the basket.
- Flare Screen Angle is back to the corner.
- Screen In Angle is back to the wing (FT line extended).

Any of the above screens can become staggers, doubles, triples, *or re-screens*.

<u>SCREEN</u>	<u>D POSITIONING</u>	<u>C's READ</u>	<u>S's (2nd cutter) READ</u>
Wide	Man Side (chases)	Curl	Pop to NBA Elbow
	Ball Side (goes under)	Pop cut (change angle of S)	Roll to post
	Directly into screen	Straight cut	Roll to post
	Cheats above screen	Back cut	Pop to NBA Elbow
Flare	Directly into screen	Straight cut	Roll to post or circle under
	Man Side (chases over top)	Reverse curl	Pop or circle under
	Under the screen	Move above screen	Roll to post or circle under
Down	Man Side (chases)	Tight or Elbow Curl	Pop to wing / short corner
	Ball Side (goes under)	Pop towards baseline	Post
	Directly into screen	Pocket cut	Post
	Cheats to screen	Back cut	Post or pop

** *The screeners read on his 2nd action is based mainly on his ability as a player.*

NOTES:

- Dribble to any flare screen or pop cut (take the ball to the action).
- On any pop cut, the screener must change his angle with a re-screen.

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KNOWING YOUR ROLE



"At the end of the day, that's what it is, basketball. It's not rocket science or anything else.

If I have a chance to get Ray Allen a good shot, I'm going to [pass]. If I see Perkins and he has a better shot than I got, I'm going to [pass].

My job, and my biggest job, is to get Ray Allen, Rondo, these guards and Paul open on picks and stuff like that. If you have it down to what you're supposed to do, everyone knows their role and it's easy."

- Kevin Garnett, WORLD CHAMPION

TUSCULUM BASKETBALL

Coach Jim Boone's

2009 Winning Edge Camps



TEAM CAMP

JUNE 18-20

Elite Competition from throughout the Southeast
Overnight Accommodations Available
V / JV levels
Practice Time Available
Individual Skill Development Sessions with TC Coaches
Coaches Roundtable
Coaches Gear



INDIVIDUAL CAMP

JUNE 23-26

Open to Players from Grades K-12
Conducted by Tusculum College Coaching Staff
Fundamental Skill Development
5/5 & 3/3 Play
Each Camper receives a T-shirt and Basketball
Motivational Materials



SHOOTING CAMP

JULY 27-29

Open to Players from Grades 4-12
Conducted by Tusculum College Coaching Staff
Overnight Accommodations Available
Individualized Instruction
Complete Shot Breakdown
Moving Without the Ball
Notebook Sessions
Each Camper receives a T-shirt and Basketball
Motivational Materials



ELITE CAMP

JULY 30-AUG 1

Open to Players Entering Grades 9-12
Overnight Accommodations Available
Designed for Players that Desire to Play at the College Level
Intense Instruction from the Tusculum College Staff
Notebook & Film Sessions
Special Sessions on Preparing for College & How to Get Recruited

Contact Coach Mike McBride for further details.

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