

The Most Important Part of the Game: ***TEAM***

I. Team Building is a Daily Process: *You are changing hearts, not teaching technique!*

Team concepts should be the most important component of the game to you the Coach.

Your players will know what is important to you as the coach, you must emphasize it daily. *It's not what you do it's what you emphasize!*

- A. Teach your Team to put the Concerns of Others Above their Own
- B. Teach your Team to get Involved in Something Bigger than Themselves
- C. Understanding and Accepting Roles
- D. Thankfulness
- E. Enthusiasm for each Other

II. Ideas on Team Building

A. Establish an Overriding Purpose – Greater Than Basketball

- 1. TC Basketball: Trust – Faith – Commitment
- 2. It's not what you accomplish, it's what you become

B. Have a Genuine Concern for Everyone Involved in Program

- 1. Academic Program
- 2. Notes & Phone calls to player's and families
- 3. Family time for assistant coaches
- 4. Individual meetings with players, unscheduled individual time
- 5. Dinner at Coaches house, 1or 2 Player groups

C. Players Serving Others

- 1. Notes from players to people in crisis
- 2. Community service, nonpunitive (ie: Special Olympics)
- 3. Bristol Fund Raiser

D. Expect Servant Leadership

- 1. Seniors put up equipment
- 2. Seniors clean the bus, team room, etc.

E. Players Know and Understand their Roles

1. Are you the best three?
2. Are you the best defender?
3. Who do we want a shot for in late clock?
4. Can you handle sitting?
5. Team evaluations

F. Team Shares in Victories & Failures

1. Team Free Throws (33)
2. Conditioning
3. Frozen Push-ups

G. Team Together

1. Get in or Get Out
2. No cliques

H. Team Meetings (Without Coaches) & Senior Leadership

1. Promote Team Meetings conducted by Seniors and Captains
2. This is us, this is not us
3. Pass the torch

I. Teach “Team Together” during Game Situations

1. Time-outs: everyone in front, eyes on Coach/Film
2. Film Bench: How do starters handle “garbage time”?
3. Warm-ups: Entire Team
4. Verbal & Nonverbal Positive Communication, ie: Point to thank a teammate

J. Live Together

1. Campus Housing
2. Basketball Camp
3. Road Trips, rotate assignments

K. Shared Suffering

1. Gut Week
2. He-Man Day

3. Practice Situations
4. Practice at 5:30am

L. Make Them Coach Each Other

1. Echo Yells – tell one player 7 seconds until next drill
2. Leaders are responsible for practice behavior
3. Stress positive, stress veteran leadership

M. Coach your Media Stars

1. Talk about someone else
2. Emphasis to the media those players who need to be

N. Family: Create an Atmosphere that our Former Players want to Share

1. Newsletters
2. Phone Lists
3. Alumni Games
4. Former Teams Plaques on wall
5. Former Players Coaching
6. Former players Speaking
7. Work Basketball Camp

O. It's your fault if your Players are not a TEAM

1. Play Hard, Play Smart, Play Together
2. The greatest part of basketball is the relationships



TUSCULUM BASKETBALL