

CHECK LIST FOR MOTION OFFENSE

- 1) **Must have established screeners**
- 2) **Shot Selection**
Basketball is not an equal opportunity game
- 3) **Shot opportunities**
How will you get shots, and who will take them?
- 4) **Offensive rebounding**
- 5) **Spacing**
- 6) **Stay away from “weak spots”**
- 7) **Penetration: Hardest thing to guard**
- 8) **Inside scoring**
Free Throws
Balanced scoring
- 9) **Turnovers**
- 10) **Hard to Guard**



TUSCULUM BASKETBALL

“A Commitment to Excellence”